**MILK IS SERVED WITH LUNCH**

**OCTOBER** 2024 Menu

**(Whole milk for children under 2 years; 1% milk for children over 2 years)**

**Water is offered throughout the day and at meals**

**Fresh Fruit Options: Apples, Bananas, Oranges, Pears, Berries, Melon**

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
|  | **1**  **B Oatmeal, Fruit, Milk**  **L Grilled Cheese Sand.,**  **Tomato Soup, Fruit**  **S Ritz Crackers, Cheese,**  **Water** | **2**  **B Toasty O’s, Fruit, Milk**    **L Meatloaf, Mashed**  **Potatoes, Corn, Fruit,**  **Bread**  **S Cottage Cheese,**  **Pears, Water** | **3**  **B Rice Chex, Fruit, Milk**  **L English Muffin Cheese**  **& Sausage Pizza, Peas,**  **Fruit**  **S Cucumbers w/Ranch,**  **Crackers, Water** | **4**  **B WG Bagel, Fruit, Milk**    **L Sweet & Sour Chicken,**  **Green Beans, WG Rice,**  **Fruit**  **S Goldfish Crackers,**  **Bananas, Water** |
| **7**  **B Corn Flakes, Fruit, Milk**  **L Salami & Cheese**  **Sand., Green Beans,**  **Fruit**  **S String Cheese, Apples,**  **Water** | **8**  **B Toast, Fruit, Milk**  **L BBQ Meatballs,**  **Corn, Fruit, Bread**  **S Graham Crackers,**  **Oranges, Water** | **9**  **B WG Waffle, Fruit, Milk**    **L Fish Sticks, Broccoli,**  **Bread, Fruit**  **S Trail Mix w/Raisins,**  **Water** | **10**  **B Yogurt, Granola,**  **Fruit, Water**  **L Spaghetti &Meatballs,**  **Peas, Fruit, Bread**  **S Celery w/Soy Butter,**  **Raisins, Crackers,**  **Water** | **11**  **B English Muffins,**  **Fruit, Milk**  **L Chicken Patty, Carrots,**  **WG Rice, Fruit**  **S Pita Chips, Hummus,**  **Water** |
| **14**  **B Toasty O’s, Fruit, Milk**  **L Hamburger w/Bun,**  **Peas, Fruit**  **S Club Crackers, Cheese,**  **Bananas, Water** | **15**  **B WG Pancakes, Fruit,**  **Milk**  **L Mini Corn Dogs,**  **Green Beans, Fruit**  **S Carrots w/Ranch,**  **Crackers, Water** | **16**  **B Oatmeal, Fruit, Milk**    **L Turkey & Cheese**  **Sand., Broccoli, Fruit**  **S Cottage Cheese,**  **Peaches, Water** | **17**  **B WG French Toast**  **Sticks, Fruit, Milk**  **L Taco, Black Beans,**  **Corn, Fruit**    **S Wheat Thins, Apples,**  **Water** | **18**  **B Corn Flakes, Fruit, Milk**  **L Salisbury Steak,**  **Carrots, Fruit, Bread**  **S Red Pepper Strips**  **w/Ranch or Hummus,**  **Water** |
| **21**  **B Rice Chex, Fruit, Milk**    **L Chicken Nuggets,**  **Broccoli, WG Pasta,**  **Fruit**  **S Wheat Thins, Oranges,**  **Water** | **22**  **B WG Waffle, Fruit, Milk**  **L Sloppy Joe w/Bun,**  **Green Beans, Fruit**  **S Yogurt & Fruit Parfait,**  **Water** | **23**  **B Cheese Toast, Fruit,**  **Milk**  **L Swedish Meatballs,**  **Corn, Fruit, Bread**  **S Graham Crackers,**  **Bananas, Milk** | **24**  **B Toasty O’s, Fruit, Milk**  **L Soy Butter & Jelly**  **Sandwich, Carrots,**  **Fruit**  **S Cucumbers w/Ranch,**  **Crackers, Water** | **25**  **B Bagel, Fruit, Milk**    **L Chicken & Cheese**  **Quesadilla, Refried**  **Beans, Fruit**  **S Cheez-its, Peaches,**  **Water** |
| **28**  **B WG Pancakes, Fruit,**  **Milk**  **L Lasagna, Corn, Fruit,**  **Bread**  **S Trail Mix w/Raisins,**  **Water** | **29**  **B Corn Flakes, Fruit,**  **Milk**  **L Grilled Cheese Sand.,**  **Green Beans, Fruit**  **S Pita Chips, Hummus,**  **Water** | **30**  **B WG French Toast**  **Sticks, Fruit, Milk**  **L Sausage, Egg & Cheese**  **Scramble, Carrots,**  **Fruit, English Muffin**  **S Oyster Crackers,**  **Berries, Water** | **31**  **B Oatmeal, Fruit, Milk**  **L Cheeseburger w/Bun,**  **Broccoli, Fruit**  **S Animal Crackers,**  **Fruit, Water** |  |